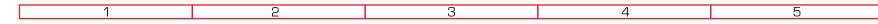
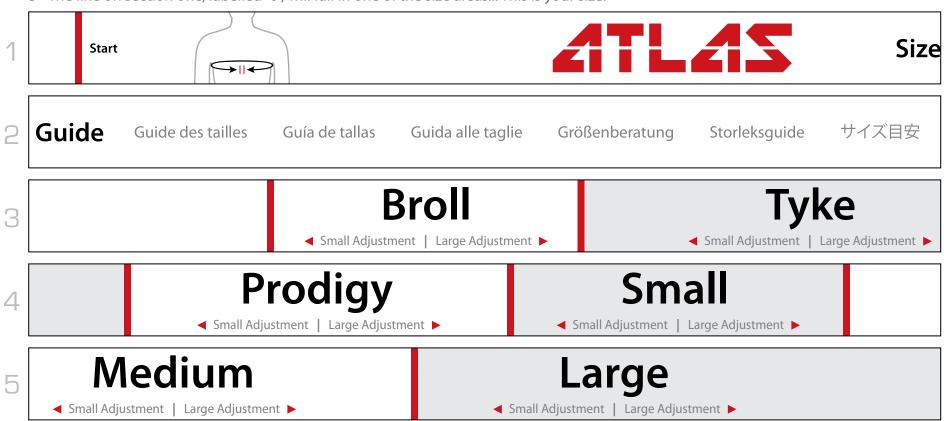
How to use the size guide:

- 1 Print this page at 100% sizing. *Do not scale the image down to fit your printer, the sizing will not be correct.
- 2 Cut out the 5 sections.
- 3 Use tape to join the 5 sections together, one by one. Line up the edges with each other as shown below. *Do not overlap the pieces.



- 4 Carefully wrap the size guide around your chest, just below the arms.
- 5 The line on section one, labelled "0", will fall in one of the size areas... This is your size!



Additional sizing tips:

- Each size is labeled with "small adjustment | large adjustment". If you fall in the smaller half of the size, it is likely that you will want to run your brace on the smaller of its 2 settings, and if you fall in the larger half of the size, your brace may be better fitted with the larger adjustment setting.
- If you fall perfectly inbetween 2 sizes, you may be able to go either way. For kids that expect to grow quickly, we suggest opting for the larger size. For adults we recommend the smaller of the 2 sizes. The use of straps is also very highly recommended for all users.